



Mahinekura Reinfeld, Mick Adams, Ruapounamu Dromgool
Pat Ballenger (sitting)

Global Conference on Traditional Healing

Ruapounamu Dromgool and Mahinekura Reinfeld of Karangaora Traditional Maori Healing have recently returned from the Global Conference on Traditional Medicine in Reproductive Health held in Minnesota from 25-28 July 2005.

The conference looked at traditional medicine and reproduction. Ruapounamu and Mahinekura presented a paper looking at Te Reo and our words used relating to land and birthing - korero encouraged by Kui Matarena Rau Kupa (Aunty Marj) - the inner spirituality and meaning of Te Reo Maori. "Our paper was very well received and inspired other indigenous people to go home and research their language to see if there are relationships as presented," commented Mahinekura.

The scene for the conference was set by Clyde Bellacourt and Patricia Bellanger both founding members of AIM

(American Indian Movement) who spoke on traditional medicines and fulfilling the prophecy of AIM. The conference was opened by the mana whenua with a sacred water dance.

Every speaker had their own speciality. The Mayo Clinic people presented on how traditional and conventional medicine could work together providing excellence and choice in healing. Dr Rudolph Ryser an extremely well informed participant left the delegation with valuable information on research they had conducted and the importance on having your own methodology to do this.

The next Global Conference on Traditional Medicine will be in Ghana, Africa on HIV/AIDS, in March. Please visit the www.africa-first.com for further information.

continued on next page



- Kai mo te Hinengaro
- Commitment to Traditional Healing
- Kaimahi Hauora
- Provider Health Club
- Departing Thoughts
- Problem Gambling Service Expands

websites

www.gamblingwatch.org.nz
Information on problem gambling within Aotearoa.

www.africa-first.com
Global Summit, Traditional Medicine & Indigenous Knowledge.

Kai mo te Hinengaro

Tena koutou katoa

After a busy end to the year with highlights that included hosting the Te Matarau Conference in February, participation in the WOMAD Festival in March and the launch of the new Youth Transition Service we have set ourselves an ambitious but realistic work programme for the year ahead.



We are entering an interesting phase within the Tui Ora network as we affirm our position within Hauora Taranaki PHO. As a result there are a number of new and exciting initiatives that have been realized through the partnership. Following the recent launch of the mobile bus service, a number of Tui Ora affiliated providers are considering how the bus could be utilised to extend the range of their services, so over the coming weeks and months you can expect to see the bus working within our communities.

We have also entered a pilot primary care initiative through ACC. The pilot will have two key elements to it; firstly, to raise the importance within our communities of being proactive in seeking treatment services when required and secondly, to provide better coordination of care between service providers to ensure the best possible outcome is achieved. There are further initiatives on the horizon so keep watching this space.

We are nearing the end of the first quarter of the financial year and we are making good progress towards meeting our key objectives for the year. As we progress forward, you will see a number of new positions being advertised particularly in the areas of Information Technology, Finance and Human Resource Management. These new positions are necessary to support the development of management support services not only to the Tui Ora network but also across the PHO as well.

na, Hayden Wano
Chief Executive

Commitment to Traditional Healing

continued from previous page

After three (3) days of engaging deliberation, the Global Conference on the Role of Traditional Medicine in Reproductive Health adjourned on 28 July 2005, with the declaration and proclamation of the following principles:

- (1) That in order for traditional medicine to thrive for the benefit of people Traditional Healing Practices and Researches must be guaranteed to all peoples by states' governments and indigenous governments alike.
- (2) That Traditional Healing Practice and Conventional Medicine Practice must be recognised in parallel and not integrated one into the other.
- (3) That each indigenous national must reclaim control over their knowledge through indigenous science and research, to extend traditional knowledge for the benefit of each nation.
- (4) That the outcomes of this conference must be submitted for further action at the Ghana Global Summit on HIV/AIDS, Traditional Medicine & Indigenous Knowledge, slated for March 14-18, 2006.
- (5) That the achievement of the 14-18 March 2006, Ghana Global Summit on HIV/AIDS, Traditional Medicine & Indigenous Knowledge must be solidified by the objectives of the Indigenous Healing Conference on Chronic Diseases (Cancer, Diabetes, Mental and Heart Illnesses) planned for Minneapolis, Minnesota for 12-15 July 2006.
- (6) Support the terms and conditions contained in the previous and subsequent Declaration on the Rights of Indigenous People, including the Indigenous Peoples of the World Working Group Draft Declaration.

If you are interested in discussing the conference further you are encouraged to contact Karangaora by phone (06) 757 5446 or email karangaora@xtra.co.nz

Kaimahi Hauora

*Ko Ruapehu te maunga.
Ko Whangaehu te awa.
Ko Ngati Apa me Ngati
Porourangi/Ngati Kahungunu nga iwi.
Ko Rawiri Ashford toku ingoa.*

Toiora Healthy Lifestyles extends a warm welcome to Rawiri in his position as kaimahi hauora.



Rawiri is working on a Taranaki photographic exhibition on the Like Minds, Like Mines programme and is keen to make a difference in this mahi.

Rawiri is a whanau advocate for Te Ihi Rangi Trust, a trustee for the board of Te Rau Pani, a member of the Nga Manu Reo Toastmasters Club and a member of the public who has been invited to offer comment to the Taranaki Daily News on the forthcoming elections.

Provider Health Club

Tai Chi, Waka Ama, and Group Walking are some of the activities available to Tui Ora affiliated provider staff.

The initiative is being driven by Ellie Berghan, Contract & Relationship Manager, Tui Ora. "This initiative is to encourage health workers to lead a healthy lifestyle and walk the talk", comments Ellie.

The health club is free to all staff of Tui Ora affiliated providers. Members will have the option of regular

weigh-ins, access to nutritional information and advice and a range of activities to participate in. Popular is the lunchtime walk, when members clip on their pedometre and aim for 5000 steps a day, three times a week.

The group of current members are soon to meet and discuss further activity options and develop a programme of activities.

For further information contact Ellie on (06) 759-4064 or Email ellie@tuiora.co.nz

Departing Thoughts

The Blues Brothers have left Taranaki!

The pair also known as Thelma Mason (left) and Grant Berghan (right), shared their departure with friends, family and colleagues at a fancy dress pot-luck dinner, East End Surf Club on 26 August.

After four years as General Manager Maori and Public Health Grant leaves the Taranaki District Health Board to return to whanau in Taitokerau.

Thelma leaves the position of Cultural Advisor at Tui Ora to be with her family in Perth. Thelma was with Tui Ora for three years after selling her business.

It is with a sense of great loss that Tui Ora also say goodbye to Sandra Giddy and Diane Gee from the finance team. Both are leaving for greener fields to advance their careers.

We would like to wish them all well on their new endeavours.



Problem Gambling Service Expands

Toiora Healthy Lifestyles moved into its new offices, at 46 Vivian Street, New Plymouth in late August 2005.

Leading the whakatau were Pue Whakaruru and Mahau Waru accompanied by many other Tui Ora Health providers, Taranaki DHB colleagues, plus friends and associates, including Te Korimako o Taranaki Maori radio station. Donna Leatherby, Manager Health Promotion Services said "This move was planned. This where is ideal for the work we do. We can now offer an improved service delivering health promotion programmes and especially our new counselling service."

Toiora recently employed the services of Karen Brown who is specialized in problem gambling counselling. Now also established in Hawera,

Toiora provides regular counselling services for clients in South Taranaki on a regular basis.

Although the gambling issue is not disappearing, Toiora has worked hard ensuring services are available to the community throughout Taranaki.

Recently released information suggests that within Taranaki \$82,800 is lost daily to pokie machines throughout Taranaki. (*GamblingWatch Analysis: www.gamblingwatch.org.nz*)



Toiora, who are funded by Ministry of Health, now provide a range of services throughout Taranaki.

For information, assistance or any enquiries, contact Toiora by Phone (06) 769-9188 or Email admin@toiora.net.nz

tenei me tena...

New Appointments

Christine Henare returns to Taranaki to take up the position of Chief Advisor for Maori with Taranaki DHB.

Mahia Mai a Whai Tara recently appointed Kelvin Stevens as Dual Diagnosis kaimahi.

Kirstly Gamby joins Raumano Health Trust in South Taranaki as Alcohol and Drug Kaimahi.

Maori Health Issues on Radio

Tune into Newstalk ZB at 11am on the last Wednesday of every month when Phil Quinney interviews Hayden Wano, CEO, Tui Ora on various issues of Maori Health.

National Weavers Hui

Karangaora are locally supporting the delivery of the National Weavers hui to be held at Owae Marae in Waitara over Labour Weekend. A full programme is available from Toi Maori Aotearoa.



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tui oranga
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